



NOR'WESTER

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines

October 22, 2010

Prez Sez...

Eric Dickinson

Moodle Expert

Arranged By:

Julia Taylor

Greeter:

Gil DeRoos

Invocation:

David Nagel

Sergeant:

Kevin Smith

Scribe:

Randy Gambill

The Rotary club of Nashua, Hew Hampshire has a broadcaster in their midst. Her name is Carolyn Choate and she knows how to promote Rotary. Carolyn is the owner of a low-power television station that can reach 300,000 viewers in Greater Nashua. She has created a weekly program about Rotary that premiered in April and received \$3,000 of a Rotary PR grant. Even we can watch this show at www.tv13nashua.com. This show spotlights topics such as a newly formed club, local scholarship recipients or a video about polio eradication.



Now, can you think of someone in our club that has done something like this to spotlight anything we do? Remember, there is more than one member of our club that does this and each in their own way.

Scribbles...

2010 Officers & Directors

- Eric Dickinson, President
- Wanda Armstrong, President Elect
- Brad Helgemo, Secretary
- Marcus Dunn, Treasurer
- Ed Arnold, Director
- Jim Arthur, Director
- Dan Boes, Director
- Jenifer M-K, Director
- Diane Porter, Director
- Wendi Wilson, Past President
- Dianne D-Nelson, Exec Sec
- Bill Corwin, Exec Treas

Future Programs

- 10/29:** Bill Riley, Jr.
- 11/5:** Corliss Klaassen
Rotary Foundation
- 11/12:** Mary Gillaspay
Metro Waste Authority

Rachel Caufield

Drake University

Rachel Paine Caufield joined the politics department of Drake University in the fall of 2001. She received her PH.D from the Department of Political Science at the George Washington University and her B.A. in Mathematics and Political Science from Hood College in Frederick, MD. She has served as a Visiting Fellow at the Brookings Institution in Washington, D. C. She also currently serves as Research Fellow to the Hunter Center for Judicial Selection at the American Judicature Society.

Her talk to the club was on Merit Selection and Retention in Iowa for Judges. Merit selection of judges was established by constitutional amendment, adopted by a vote of Iowa citizens in 1962. Under Iowa's system, a bipartisan commission of lawyers and citizens eval-

uates applicants and compiles a list of the most qualified individuals. The governor then appoints one individual from the list. At periodic intervals, judges appear on the ballot for retention elections in which voters determine whether they will remain on the bench for another term.

Merit or Partisan the answer to that question, gleaned from an analysis of voting and political contribution records, is that the process is completely partisan. Supporters of Iowa's judicial nominating system often referred to as the "Missouri Plan" claim that it removes politics from the selection process.

Retention elections offer the public an opportunity to evaluate judges based upon their job performance, not special interest agendas. Voters can get information about Iowa judges to help them vote in the 2010 retention elections. The Iowa Judicial Branch offers a voter guide of all judges running in retention elections, www.iowacourts.gov.

Gene Gabus, Scribe

Other Local Meetings

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)
 Johnston, Hyperion Golf & CC, (7:00 am)
 Dallas Center, Memorial Hall, (Noon)
 West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Prairie Meadows, (7:00 am)
 Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)
 The Greater Des Moines Club, Jimmy's (6:00 pm)

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)
 Des Moines, Wakonda Club, (Noon)
 Winterset, Northside Cafe, (Noon)

Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

Health Corner

- Do NOT exercise when you are sick especially with fever. When you are sick your body needs to spend all of its energy healing itself.



- If you read before bedtime, it is better to read with a book light so you are not exposed to bright light before sleeping.

- If you would like to reduce your calorie intake each day by about 120, replace that donut during your coffee break with a one-ounce bag of pretzels. You could lose 8 pounds in a single year with just this one strategy.

- To help keep the skin moist, avoid skin-care products with alcohol and petrolatum and drink plenty of fresh water during the day.



We'll Be Singing . . .

Opening: My Country 'Tis of Thee
 Song Time:
 This Is My Country (Handout on tables)
 When You're Smiling (#82)

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203
 Fax: 515-237-2283
 elliotspudmom@yahoo.com

BIRTHDAYS

Oct 10 Dianne D-Nelson

Oct 19 Larry Sample

Future Information

<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
<i>Chairperson:</i> Leslie Malcom Paul Kirpes, Oct. 29 Eric Dickinson, Nov. 5 Leslie Malcom, Nov. 12	<i>Chairperson:</i> Wanda Armstrong Dianne D-Nelson, Oct. 29 Marcus Dunn, Nov. 5 Wyatt Earp, Nov. 12	<i>Chairperson:</i> Jim Pittman Jenifer M-K, Oct. 29 Mark McAndrews, Nov. 5 Jim Lipscomb, Nov. 12	<i>Chairperson:</i> Beth Goedken Julia Taylor, Oct. 29 Cam Torstenson, Nov. 5 Leslie Malcom, Nov. 12	<i>Chairperson:</i> Larry Sample Beth Goedken, Oct. 29 Jenifer M-K, Nov. 5 Bill Grask, Nov. 12